



## Spring 2013 Support Groups and Drop-Ins

**PARENT CARERS  
SUPPORT GROUP**  
for  
**CRAWLEY  
HORSHAM AND  
MID SUSSEX**  
meets...

**Crawley Library, Bill Buck Room**  
**alternate months - Wednesday 12.00 to 2.00pm**  
(unless otherwise indicated)  
**Parents of adults with learning difficulties very welcome.**  
**Refreshments provided.**

**March 20th and May 15th**  
**Details of speakers to be confirmed**

For further information please contact  
**Ann Boss or Audrey Neate**  
on **01293 657040**

**HORSHAM CARERS  
SUPPORT GROUP**  
meets...

**Lavinia House, Dukes Square, Denne Road, Horsham**  
**last Wednesday of the month 2.30pm to 4.00pm**  
(unless otherwise indicated)

**February 27th, March 27th and April 24th**  
**Details of speakers to be confirmed**

For further information please contact **Lyn Chappell or**  
**Amanda Harris- Evans** on **01293 657040**

**CARERS OF ADULTS WITH LEARNING DIFFICULTIES**  
For further information contact **Audrey Neate** on **01293 657040**

**CARERS DROP-IN  
AT  
SIGNPOSTS**  
meets...

**The Old Post Office Resource Centre, Station Road, Burgess Hill**  
on the **first Monday of the month** from **10.00am - 11.00pm.**

**Dates: February 4th, March 4th, April 8th** (please note change of date)

**CARERS  
SUPPORT GROUP**  
meets...

**The Club Room, Horsham Hospital**  
on the **first Tuesday of the month** from **10.30am to 12.30pm**

**Dates: February 5th, March 5th, April 2nd**

**MENTAL HEALTH CARERS SUPPORT GROUPS AND DROP-INS**  
For further information call the Mental Health Carers Support Team  
on 01293 657043

**Langley Green Hospital Drop- In**

Reception area  
Langley Green Hospital,  
Martyrs Avenue  
Crawley  
12pm to 2pm

- February 6th and 20th  
- March 6th and 20th

**New Park House Drop- In**

Reception area  
New Park House  
North Street  
Horsham

10am to 12 noon  
- February 12th and 26th  
- March 12th and 26th

**CRAWLEY  
MENTAL HEALTH  
CARERS GROUP  
meets...**

**Langley Green Hospital, Martyrs Avenue, Crawley**  
on the **third Wednesday of every month** from 7.00pm to 8.30 pm  
(unless otherwise stated)

**February 20th - Nicky Shute, Citizens Advice Bureau**  
**March 20th - Jodie Wallis, MIND Advocate**

**HORSHAM  
MENTAL HEALTH  
CARERS GROUP  
meets...**

**Horsham Hospital Club Room, Hurst Road, Horsham**  
on the **last Thursday of every month** from 7:00 to 8:30 pm  
(unless otherwise stated)

**February 28th - Nicky Shute, Citizens Advice Bureau**  
**March 28th - Jodie Wallis, MIND Advocate**

**HAYWARDS  
HEATH  
MENTAL HEALTH  
CARERS GROUP  
meets...**

**Ashenground Community Centre, Haywards Heath**  
on the **second Tuesday of every month** from 7.00 to 8.30pm  
(unless otherwise stated)

**February 12th - Dawn Boyce, Sussex Oakleaf**  
**March 12th - Nicky Shute, Citizens Advice Bureau**

**Carers Support West Sussex**

The Orchard, 1-2 Gleneagles Court,  
Brighton Road, Crawley, RH10 6AD  
01293 657040 [info@carerssupport.org.uk](mailto:info@carerssupport.org.uk)  
[www.carerssupport.org.uk](http://www.carerssupport.org.uk)

